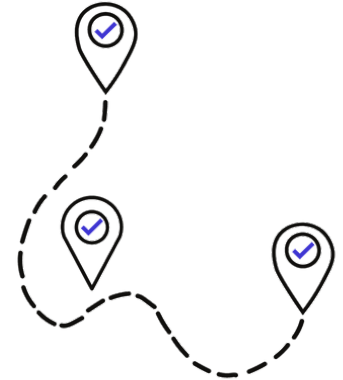
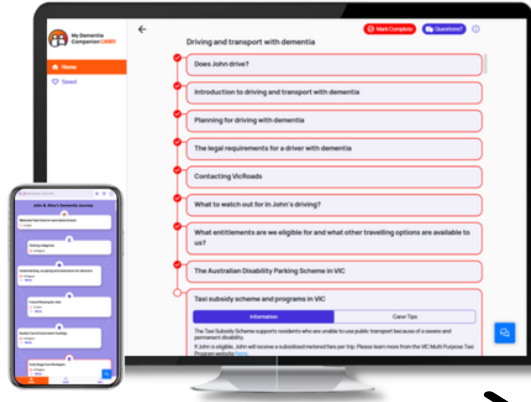
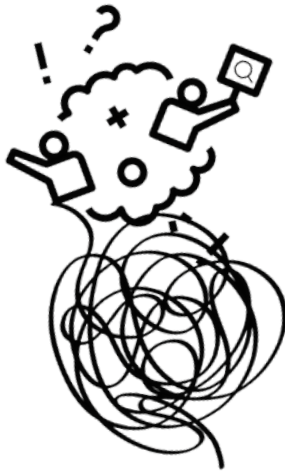




# Guiding you through one of life's most complex journeys



## On this journey, you may be overwhelmed with:

- What to do? Where to start?
- How can my loved one and I manage?
- Am I doing the right thing?
- What do I need to know?
- What subsidies and support are available to us?

## A practical tool for carers & people living with dementia

- Trusted, personalised & bite-sized guidance on what to do and where to go
- Practical tips from other carers on how to manage challenges
- Very easy to use and untangle the 'maze' to help you live well.



Learn more by watching a short introductory video at [mydementiacompanion.com.au/carer-video-short](http://mydementiacompanion.com.au/carer-video-short)

My Dementia Companion can be fully funded by **Carer Gateway**:

1. Call 1800 422 737 to discuss your caring needs and request **My Dementia Companion**, along with other supports (incl. respite, carer coaching & more)
2. Once referred, we will activate your account and **send you simple steps** to get started (available on computer, smartphone & tablets).

Any questions, contact us at [hello@mydementiacompanion.com.au](mailto:hello@mydementiacompanion.com.au)